



Cognitive Renewal, Inc.,  
a Licensed Clinical Social Worker

### EXTENSIVE CHILD AND ADOLESCENT DEVELOPMENTAL HISTORY

Completed By: \_\_\_\_\_ Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
Grade: \_\_\_\_\_ School: \_\_\_\_\_

Family Members	Age	Education	Occupation/School
Mother	_____	_____	_____
Father	_____	_____	_____
Stepmother	_____	_____	_____
Stepfather	_____	_____	_____
Siblings:			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Other Family Members:  
\_\_\_\_\_  
\_\_\_\_\_

STRENGTHS: Please identify three strengths of your child.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

CONCERNS: What are the child's presenting symptoms/behaviors as you see them?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long have you been witnessing these behaviors?  
\_\_\_\_\_  
\_\_\_\_\_



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Please complete the following information to the best of your knowledge. If you're not sure, make a guess and put a question mark after it.

## EARLY HISTORY

Pregnancy and Delivery: How many pregnancies has the child's mother had? \_\_\_\_\_  
Miscarriages? \_\_\_\_\_ Number of children born alive? \_\_\_\_\_ Number of stillborn  
children? \_\_\_\_\_ Abortions? \_\_\_\_\_ Problems with infertility? \_\_\_\_\_

Parents attitude toward pregnancy: \_\_\_\_\_

Are parents the child's birth parents? \_\_\_\_\_ If not, please explain, e.g., adoption, step parent,  
foster parent) \_\_\_\_\_

Describe the mother's pregnancy with this child: \_\_\_\_\_

Describe any pregnancy complications (bleeding, excess vomiting, medication, infections, x-  
rays, smoking, alcohol/drug use, etc.): \_\_\_\_\_

S/he weighed \_\_\_\_\_ lbs \_\_\_\_\_ oz. at birth. S/he was born early by two weeks or more \_\_\_\_\_;  
at 9 months \_\_\_\_\_; overdue by two weeks or more \_\_\_\_\_.

Describe the child's delivery: \_\_\_\_\_

Describe the child's temperament during infancy: \_\_\_\_\_

Primary caretaker(s) for child, first year: \_\_\_\_\_

Age 1-3: \_\_\_\_\_ Thereafter: \_\_\_\_\_

Check any problem areas:	First week of life	First three months	First year	Age 2-5 years
Feeding/eating problems	_____	_____	_____	_____
Sleeping problems	_____	_____	_____	_____
Ear infections	_____	_____	_____	_____
Weight gain too fast or too slow	_____	_____	_____	_____
Excess crying	_____	_____	_____	_____



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Breathing/oxygen problems \_\_\_\_\_  
Bowel problems \_\_\_\_\_

Mother's health after delivery: \_\_\_\_\_

Post-delivery blues? \_\_\_\_\_ If yes, how long? \_\_\_\_\_

#### DEVELOPMENTAL MILESTONES:

To the best of your recollection, at what age did your child: sit alone \_\_\_\_\_; crawl \_\_\_\_\_;  
walk alone; ride a two-wheeled bike \_\_\_\_\_; current level of activity: \_\_\_\_\_

When did your child say several words besides mama, dada \_\_\_\_\_, name several objects (ball,  
cup) \_\_\_\_\_; use sentences of 3 or more words \_\_\_\_\_? Any current problems in language  
development? \_\_\_\_\_

When did your child first smile \_\_\_\_\_; show shyness with strangers \_\_\_\_\_; separate from  
mother easily \_\_\_\_\_; engage in cooperative play with others \_\_\_\_\_.

Describe toilet training: \_\_\_\_\_  
\_\_\_\_\_

Age bowel control achieved: day \_\_\_\_\_ night \_\_\_\_\_

Age bladder control: day \_\_\_\_\_ night \_\_\_\_\_

Any problems currently? \_\_\_\_\_

Does your child have difficulty with fine motor control (e.g., writing, drawing)? \_\_\_\_\_

Does s/he have difficulty with gross motor control (e.g., clumsiness in riding a bike, playing  
ball)? \_\_\_\_\_

Does your child lose his or her balance easily? \_\_\_\_\_

Any problems with speech? \_\_\_\_\_

Does your child have difficulty remembering things? \_\_\_\_\_

#### HEALTH:

How would you rate your child's health?      Poor      Fair      Good      Excellent

Is the child allergic to anything? Yes \_\_\_\_\_ No \_\_\_\_\_ If so, what? \_\_\_\_\_



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List child's hospitalizations or surgery

Age	Year	Reason	Reaction
_____	_____	_____	_____
_____	_____	_____	_____

Separations from mother and/or father: age, duration, reaction to:

_____	_____	_____	_____
_____	_____	_____	_____

Has the child had any of the following?

_____ Mumps	_____ Head injury	_____ Blueness (cyanosis)
_____ Chicken pox	_____ Trouble seeing	_____ Fainting spells
_____ German measles	_____ Been unconscious	_____ Tiring easily
_____ Whooping cough	_____ Blood transfusion	_____ Seizures
_____ Pneumonia	_____ Anemia	_____ Ear infections
_____ Asthma	_____ Easy bruising	_____ Mouth breathing
_____ Blood in urine	_____ Urine/kidney infection	_____ Snoring
_____ Broken bones	_____ High blood pressure	_____ Trouble hearing
_____ Other	_____	

Sleep behavior (sleepwalking, nightmares, recurrent dreams, current problems including getting up, going to bed): \_\_\_\_\_  
\_\_\_\_\_

Name of child's physician: \_\_\_\_\_

Date of last medical/physical exam: \_\_\_\_\_

Medications and dosages currently used (including vitamins, if any): \_\_\_\_\_  
\_\_\_\_\_

Does your child wear glasses? \_\_\_\_\_ Has your child had a hearing exam? \_\_\_\_\_



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**SCHOOL HISTORY:** List all schools the child or teenager has attended, including preschool:

Age	Grade(s)	Dates	School	Location
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Best school subjects:

\_\_\_\_\_  
\_\_\_\_\_

Most difficult subjects:

\_\_\_\_\_  
\_\_\_\_\_

Concerns of the school regarding child: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does your child have any learning problems? \_\_\_\_\_ Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has your child had previous psychological testing? \_\_\_\_\_ Date: \_\_\_\_\_ By: \_\_\_\_\_

Have any other members of the family or relatives had learning problems? \_\_\_\_\_  
Please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



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**FAMILY INFORMATION:**

Note age of child and date of important events (for example, change of residence, birth of sibling, death of relative, friend, parent separation, divorce, etc.):

Age	Date	Event	Reaction
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Languages other than English spoken at home: \_\_\_\_\_

**Health of Family Members**

Condition	Relationship	Condition	Relationship
_____ Asthma	_____	_____ Rheumatic fever	_____
_____ Dermatitis/skin problems	_____	_____ High blood pressure	_____
_____ Allergies	_____	_____ Kidney (urine) problems	_____
_____ Seizures	_____	_____ Cancer	_____
_____ Diabetes	_____	_____ Childhood deaths	_____
_____ Retardation	_____	_____ Behavioral or emotional problems	_____
_____ Physical or sensory impairments	_____	_____ Depression	_____
_____ Learning disabilities	_____	_____ Alcohol or drug use/dependency	_____
_____ Tuberculosis	_____	_____ Obesity, anorexia or bulimia	_____
_____ Anemia	_____	_____ Other (specify) _____	_____
_____ Thyroid problems	_____		
_____ Heart disease	_____		



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**SOCIAL AND EMOTIONAL HISTORY:**

What are the child's major play activities? \_\_\_\_\_  
\_\_\_\_\_

Describe special interests and hobbies: \_\_\_\_\_  
\_\_\_\_\_

Does your child prefer to play alone? \_\_\_\_\_ With other children? \_\_\_\_\_

With younger children \_\_\_\_\_ With older children? \_\_\_\_\_ With same-age children? \_\_\_\_\_

Does your child play easily with other children? \_\_\_\_\_ Please describe \_\_\_\_\_  
\_\_\_\_\_

How would you describe your child's disposition, temperament, behavior? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How does your child get along with:

Parents: \_\_\_\_\_

Siblings: \_\_\_\_\_

Peers: \_\_\_\_\_

Teachers: \_\_\_\_\_

Are you currently having any trouble managing your child's behavior? \_\_\_\_\_ If so, please describe \_\_\_\_\_  
\_\_\_\_\_

Has your child or other family members had any counseling or therapy? \_\_\_\_\_ If so, please describe \_\_\_\_\_  
\_\_\_\_\_







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What questions do you have that you would like addressed in this evaluation?

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